



<p><u>Meals are served from 11:00—12:15.</u> <u>All meals come with milk and all meals are subject to change.</u></p>		<p><u>October 1</u></p> <p>Stuffed Cabbage Casserole Buttered Mashed Potatoes Peas and Carrots Dessert</p>	<p><u>OCTOBER 2</u></p> <p>Spinach & Pepper Chicken Rice Brussel Sprouts Apple</p>	<p><u>OCTOBER 3</u></p> <p>Lemon Pepper Fish Buttered Broccoli Buttered Carrots Yogurt Wheat Bread</p>
<p><u>OCTOBER 6</u></p> <p>Sloppy Joe Potato Wedges California Vegetables Fruit Cocktail</p>	<p><u>OCTOBER 7</u></p> <p>Creamed Chicken w/Biscuit Mashed Potatoes Buttered Peas Peaches</p>	<p><u>OCTOBER 8</u></p> <p>Pork w/Gravy Sweet Potatoes Cauliflower Dessert Wheat Bread</p>	<p><u>OCTOBER 9</u></p> <p>Pizza Bagels w/Sauce Side Salad Rice Orange</p>	<p><u>OCTOBER 10</u></p> <p>Chicken Fritters Mashed Potatoes Mixed Vegetables Jello Wheat Bread</p>
<p><u>OCTOBER 13</u></p> <p><u>SENIOR CENTER</u> <u>CLOSED</u></p> 	<p><u>OCTOBER 14</u></p> <p>Turkey w/Gravy Buttered Mashed Potatoes Carrots Dinner Roll Yogurt</p>	<p><u>OCTOBER 15</u></p> <p>Potato Crunch Fish Sticks Brown Sugar Sweet Potatoes Brussel Sprouts Dessert</p>	<p><u>OCTOBER 16</u></p> <p>Tuna Salad Sandwich Coleslaw Baby Carrots w/Ranch Pineapple Wheat Bread</p>	<p><u>OCTOBER 17</u></p> <p>Beef Ravioli Buttered Carrots Buttered Broccoli Jello Wheat Bread</p>
<p><u>OCTOBER 20</u></p> <p>Pot Roast w/Gravy Buttered Mashed Potatoes Green Beans Applesauce Wheat Bread</p>	<p><u>OCTOBER 21</u></p> <p>Baked Ham Sweet Potatoes Cauliflower Dinner Rolls Orange</p>	<p><u>OCTOBER 22</u></p> <p>Beef Chili Garlic Herb Potatoes Buttered Carrots Dessert</p>	<p><u>OCTOBER 23</u></p> <p>Roasted Pork w/Kraut Buttered Mashed Potatoes Mixed Vegetables Dinner Roll Chocolate Pudding</p>	<p><u>OCTOBER 24</u></p> <p>Chicken Parmesan Side Salad Rotini Mandarin Oranges</p>
<p><u>OCTOBER 27</u></p> <p>Meatball Sandwich Potato Wedges Mixed Vegetables Apple</p>	<p><u>October 28</u></p> <p>Lemon Pepper Fish Buttered Broccoli Buttered Carrots Orange</p>	<p><u>October 29</u></p> <p>Chicken w/Spinach and Peppers Brussel Sprouts Rice Dessert</p>	<p><u>October 30</u></p> <p>Egg Salad Sandwich Beets Three Bean Salad Mandarin Oranges</p>	<p><u>October 31</u></p> <p>Stuffed Cabbage Casserole Buttered Mashed Potatoes Peas & Carrots Yogurt Wheat Bread</p>



WHEN MAKING LUNCH RESERVATIONS AT THE SENIOR CENTER, PLEASE CALL
724-222-9321 AT LEAST 24 HOURS IN ADVANCE. THANK YOU.