

AUGUST ACTIVITIES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**PLEASE NOTE THAT SOME LISTED
ACTIVITIES MAY BE ADDED OR CANCELLED
DUE TO THE DATE OF THE PUBLICATION
OF THE NEWSLETTER.**



AUGUST 1

BINGO 12:15

AUGUST 4

SILVERSNEAKERS 10:30
(CARDIO)
SILVERSNEAKERS 11:30
(MSROM)
ON THE MOVE 10:30
DARTBALL 12:15

AUGUST 5

BOARD MEETING
9:30
EUCHRE 12 :00
ARTS & CRAFTS 12:30

AUGUST 6

BIBLE STUDY 9:30
SENIOR LIFE BINGO
12:15

AUGUST 7

SILVERSNEAKERS 9:00
SILVERSNEAKERS 9:50
SILVERSNEAKERS 10:30
ON THE MOVE 10:30
CARD CLUB 12:15
YAHTZEE 12:30

AUGUST 8

BINGO 12:15

AUGUST 11

SILVERSNEAKERS 10:30
(CARDIO)
SILVERSNEAKERS 11:30
(MSROM)
ICE CREAM SOCIAL 12:00
DARTBALL 12:15

AUGUST 12

ON THE MOVE 10:30
EUCHRE 12:00
ARTS & CRAFTS 12:30

AUGUST 13

BIBLE STUDY 9:30
MOVIE TBA
12:15

AUGUST 14

SILVERSNEAKERS 9:00
SILVERSNEAKERS 9:50
SILVERSNEAKERS 10:30
ON THE MOVE 10:30
CARD CLUB 12:15
YAHTZEE 12:30

AUGUST 15

BINGO 12:15

AUGUST 18

SILVERSNEAKERS 10:30
(CARDIO)
SILVERSNEAKERS 11:30
(MSROM)
DARTBALL 12:15

AUGUST 19

ON THE MOVE 10:30
EUCHRE 12:00
ARTS & CRAFTS 12:30

AUGUST 20

AMY ON THE RADIO
(WJPA) 8:30 AM
BIBLE STUDY 9:30

AUGUST 21

SILVERSNEAKERS 9:00 CAR-
DIO
SILVERSNEAKERS 9:50 YOGA
SILVERSNEAKERS 10:30
MSROM
ON THE MOVE 10:30
CARD CLUB 12:15
YAHTZEE 12:30

AUGUST 22

BINGO 12:15

AUGUST 25

SILVERSNEAKERS 10:30
(CARDIO)
SILVERSNEAKERS 11:30
(MSROM)
DARTBALL 12:15

AUGUST 26

ON THE MOVE 12:30
EUCHRE 12:00
ARTS & CRAFTS 12:30

AUGUST 27

BIBLE STUDY 9:30
SOCIAL CLUB 12:15

AUGUST 28

SILVERSNEAKERS 9:00 CARDIO
SILVERSNEAKERS 9:50 YOGA
SILVERSNEAKERS 10:30
MSROM
ON THE MOVE 12:30
CARD CLUB 12:15
YAHTZEE 12:30

AUGUST 29

BINGO 12:15