| MENU | | MAY 2025 | | |
|---|--|--|---|---|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Meals are served from 11:00—12:15. All meals come with milk and all meals are subject to change. | | Older Americans Proclamation Day is on May 1 | MAY 1 Chicken Breast w/Gravy Stuffing Peas Orange Wheat Bread | <u>MAY 2</u> Egg Salad Sandwich- Cucumber & Tomato Salad Beets Banana |
| <u>MAY 5</u> Pot Roast w/Gravy Mashed Potatoes Green Beans Apple Wheat Bread | <u>MAY 6</u> Potato Crunch Fish Stewed Tomatoes Macaroni & Cheese Cantaloupe Tartar Sauce | <u>May 7</u> Lazy Man's Lasagna Broccoli Dessert Wheat Bread | <u>MAY 8</u> Chicken Patty Sandwich Potato Wedges Coleslaw Cookie | <u>MAY 9</u> Pizza Bagels w/Sauce Side Salad Red Beans & Rice Mandarin Oranges Wheat Bread |
| <u>MAY 12</u> Sweet & Sour Pork Rice Broccoli Applesauce Wheat Bread | <u>May 13</u> Tuna Salad Sandwich Three Bean Salad Carrot Sticks w/Ranch Orange | May 14 Hot Dog Baked Beans Potato Salad Dessert | <u>MAY 15</u> BBQ Chicken Salad Garlic Bread Mandarin Oranges | MAY 16 Spaghetti & Meat Sauce Side Salad Cauliflower Cantaloupe |
| <u>MAY 19</u> Chicken & Spinach Garlic Herb Potatoes Cauliflower & Peas Jello Wheat Bread | MAY 20 Salisbury Steak w/Gravy Mashed Potatoes Green Beans Banana Wheat Bread | May 21 BBQ Pork Riblet Buttered Carrots Rice Dessert Wheat Bread | May 22 Pepperoni Roll w/Sauce Side Salad Broccoli Cantaloupe | <u>MAY 23</u> Chicken Strip Salad Breadstick Pineapple Yogurt |
| May 26 CENTER IS CLOSED All gave some Some gave all Remember them this Memorial Day | <u>May 27</u> Chicken Breast w/Gravy Stuffing Peas Orange Wheat Bread | <u>May 28</u> Beef Ravioli w/Sauce Broccoli Carrots Dessert Wheat Bread | <u>May 29</u> Sliced Pork w/Gravy Lemon Pepper Potatoes Cauliflower & Peas Pudding Wheat Bread | <u>May 30</u> Stuffed Cabbage Mashed Potatoes Mixed Vegetable Yogurt Wheat Bread |

WHEN MAKING LUNCH RESERVATIONS AT THE SENIOR CENTER, PLEASE CALL 724-222-9321 AT LEAST 24 HOURS IN ADVANCE. THANK YOU.

4 | WASHINGTON AREA SENIOR CENTER