






MARCH



ACTIVITIES

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| <p><u>MARCH 3</u> SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM) Dartball 12:30</p> | <p><u>MARCH 4</u> Euchre 12:00 Painting / Crafts 12:30</p> | <p><u>MARCH 5</u> Bible Study 9:30 Social Club 12:30 ASH WEDNESDAY</p> | <p><u>MARCH 6</u> SilverSneakers 9:00 SilverSneakers 9:50 SilverSneakers 10:30 Home Helpers 11:15 Card Club 12:30 Yahtzee 12:30</p> | <p><u>MARCH 7</u> BINGO 12:15</p> |
| <p><u>MARCH 10</u> SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM) Dartball 12:30</p> | <p><u>MARCH 11</u> Nails by Barb 8:30 Euchre 12:00 Painting / Crafts 12:30</p> | <p><u>MARCH 12</u> Bible Study 9:30 HEY JOE 1:30 </p> | <p><u>MARCH 13</u> SilverSneakers 9:00 (Cardio) SilverSneakers 9:50 (Yoga) SilverSneakers 10:30 (MSROM) Card Club 12:30 Yahtzee 12:30</p> | <p><u>MARCH 14</u> BINGO 12:15</p> |
| <p><u>MARCH 17</u> SilverSneakers 10:30 SilverSneakers 11:30 Ice Cream Social 12:00 Dartball 12:30 </p> | <p><u>MARCH 18</u> Euchre 12:00 Painting / Crafts 12:30</p> | <p><u>MARCH 19</u> Bible Study 9:30 SHS Bingo 12:30</p> | <p><u>MARCH 20</u> SilverSneakers 9:00 SilverSneakers 9:50 SilverSneakers 10:30 Card Club 12:30 Yahtzee 12:30 SPRING BEGINS!! </p> | <p><u>MARCH 21</u> George Ifill Bingo 9:30 BINGO 12:15</p> |
| <p><u>MARCH 24</u> SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM) Dartball 12:30</p> | <p><u>MARCH 25</u> Nails by Barb 8:30 Euchre 12:00 Painting / Crafts 12:30</p> | <p><u>MARCH 26</u> Bible Study 9:30 Movie "Moonstruck" 12:30 </p> | <p><u>MARCH 27</u> SilverSneakers 9:00 SilverSneakers 9:50 SilverSneakers 10:30 Card Club 12:30 Yahtzee 12:30</p> | <p><u>MARCH 28</u> BINGO 12:15</p> |
| <p><u>MARCH 31</u> SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM) Dartball 12:30</p> |  | | | |