


JANUARY ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<u>JANUARY 1</u> CENTER IS CLOSED FOR NEW YEAR'S DAY	<u>JANUARY 2</u> SilverSneakers 9:00 SilverSneakers 9:50 SilverSneakers 10:30 On the Move 10:30 Yahtzee 12:320 CARD CLUB 12:30	<u>JANUARY 3</u> BINGO 12:30
	<u>JANUARY 6</u> SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM) DARTBALL 12:30	<u>JANUARY 7</u> ON THE MOVE 10:30 EUCHRE 12:00 LEE'S PAINTING 12:30	<u>JANUARY 8</u> BIBLE STUDY 9:30 MOVIE 12:30 PM TBA	<u>JANUARY 9</u> SilverSneakers 9:00 SilverSneakers 9:50 SilverSneakers 10:30 On the Move 10:30 Yahtzee 12:30 CARD CLUB 12:30
<u>JANUARY 13</u> SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM) DARTBALL 12:30	<u>JANUARY 14</u> ON THE MOVE 10:30 EUCHRE 12:00 LEE'S PAINTING 12:30	<u>JANUARY 15</u> BIBLE STUDY 9:30 SENIORS HELPING SENIORS BNGO 12:30	<u>JANUARY 16</u> SilverSneakers 9:00 SilverSneakers 9:50 SilverSneakers 10:30 On the Move 10:30 Yahtzee 12:30 CARD CLUB 12:30	<u>JANUARY 17</u> BINGO 12:30
<u>JANUARY 20</u> CENTER IS CLOSED FOR MARTIN LUTHER KING DAY	<u>JANUARY 21</u> ON THE MOVE 10:30 EUCHRE 12:00 LEE'S PAINTING 12:30	<u>JANUARY 22</u> BIBLE STUDY 9:30 MEADOWLANDS CASINO 11:30—2:00	<u>JANUARY 23</u> SilverSneakers 9:00 SilverSneakers 9:50 SilverSneakers 10:30 On the Move 10:30 Yahtzee 12:30 CARD CLUB 12:30	<u>JANUARY 24</u> BINGO 12:30
<u>JANUARY 27</u> SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM) DARTBALL 12:30	<u>JANUARY 28</u> ON THE MOVE 10:30 EUCHRE 12:00 LEE'S PAINTING 12:30	<u>JANUARY 29</u> BIBLE STUDY 9:30 SOCIAL CLUB 12:30	<u>JANUARY 30</u> SilverSneakers 9:00 SilverSneakers 9:50 SilverSneakers 10:30 Yahtzee 12:30 CARD CLUB 12:30	<u>JANUARY 31</u> BINGO 12:30