

# AUGUST ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>PLEASE NOTE THAT SOME LISTED ACTIVITIES MAY BE ADDED OR CANCELLED DUE TO THE DATE OF THE PUBLICATION OF THE NEWSLETTER.</b></p>			<p style="text-align: center;"><u><b>AUGUST 1</b></u></p> <p>SilverSneakers 9:00 SilverSneakers 9:50 SilverSneakers 10:30 On the Move 10:30 CARD CLUB 12:30 JEWELRY BY OLIVIA 12:30</p>	<p style="text-align: center;"><u><b>AUGUST 2</b></u></p> <p style="text-align: center;"><b>BINGO 12:30</b></p>
<p style="text-align: center;"><u><b>AUGUST 5</b></u></p> <p>SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM) On the Move 10:30 DARTBALL 12:30</p>	<p style="text-align: center;"><u><b>AUGUST 6</b></u></p> <p style="text-align: center;"><b><u>BOARD MEETING</u></b> <b>9:30</b></p> <p style="text-align: center;">EUCHRE 12 :00</p>	<p style="text-align: center;"><u><b>AUGUST 7</b></u></p> <p>BIBLE STUDY 9:30 WASHINGTON DRUG &amp; ALCOHOL COMMISSION PRESENTS MEDICINE SAFETY 12:30</p>	<p style="text-align: center;"><u><b>AUGUST 8</b></u></p> <p>SilverSneakers 9:00 SilverSneakers 9:50 SilverSneakers 10:30 On the Move 10:30 CARD CLUB 12:30</p>	<p style="text-align: center;"><u><b>AUGUST 9</b></u></p> <p style="text-align: center;"><b>BINGO 12:30</b></p>
<p style="text-align: center;"><u><b>AUGUST 12</b></u></p> <p>SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM) DARTBALL 12:30</p>	<p style="text-align: center;"><u><b>AUGUST 13</b></u></p> <p style="text-align: center;">On the Move 10:30 EUCHRE 12:00</p>	<p style="text-align: center;"><u><b>AUGUST 14</b></u></p> <p>BIBLE STUDY 9:30 SENIOR LIFE BINGO, 12:30</p>	<p style="text-align: center;"><u><b>AUGUST 15</b></u></p> <p>SilverSneakers 9:00 SilverSneakers 9:50 SilverSneakers 10:30 CARD CLUB 12:30 -</p>	<p style="text-align: center;"><u><b>AUGUST 16</b></u></p> <p style="text-align: center;">ON THE MOVE 10:30 <b>BINGO 12:30</b></p>
<p style="text-align: center;"><u><b>AUGUST 19</b></u></p> <p>SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM) DARTBALL 12:30</p>	<p style="text-align: center;"><u><b>AUGUST 20</b></u></p> <p style="text-align: center;">ON THE MOVE 10:30 EUCHRE 12:00</p>	<p style="text-align: center;"><u><b>AUGUST 21</b></u></p> <p>BIBLE STUDY 9:30 FREEDOM TRANSIT REGISTRATION &amp; BENEFITS 12:30</p>	<p style="text-align: center;"><u><b>AUGUST 22</b></u></p> <p>SilverSneakers 9:00 Cardio SilverSneakers 9:50 Yoga SilverSneakers 10:30 MSROM On the Move 10:30 CARD CLUB 12:30</p>	<p style="text-align: center;"><u><b>AUGUST 23</b></u></p> <p style="text-align: center;"><b>BINGO 12:30</b></p>
<p style="text-align: center;"><u><b>AUGUST 26</b></u></p> <p>SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM) DARTBALL 12:30</p>	<p style="text-align: center;"><u><b>AUGUST 27</b></u></p> <p style="text-align: center;">On the Move 12:30 EUCHRE 12:00</p>	<p style="text-align: center;"><u><b>AUGUST 28</b></u></p> <p>BIBLE STUDY 9:30 MOVIE TBA, 12:30</p>	<p style="text-align: center;"><u><b>AUGUST 29</b></u></p> <p>SilverSneakers 9:00 Cardio SilverSneakers 9:50 Yoga SilverSneakers 10:30 MSROM ON THE MOVE 12:30 CARD CLUB 12:30</p>	<p style="text-align: center;"><u><b>AUGUST 30</b></u></p> <p style="text-align: center;"><b>BINGO 12:30</b></p>