

NOVEMBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SUGGESTED MEAL DONATION OF \$2.00 FOR THOSE OVER 60 YEARS OF AGE.. \$5.95 FOR THOSE UNDER 60. <u>LARGER DONATIONS ARE ALWAYS WELCOME</u></p>	<p>MEALS ARE SERVED FROM 11:00—12:15. ALL MEALS COME WITH MILK AND ALL MEALS ARE SUBJECT TO CHANGE.</p>	<p><u>November 1</u> BBQ Chicken Sweet Potatoes Brussel Sprouts Cornbread Pudding</p>	<p><u>November 2</u> Potato Crunch Fish Green Beans Brown Rice Pilaf Mandarin Oranges Yogurt</p>	<p><u>NOVEMBER 3</u> Pork & Sauerkraut Peas Mashed Potatoes Apple Wheat Bread</p>
<p><u>NOVEMBER 6</u> Chicken Alfredo California Blend Penne Jello</p>	<p><u>NOVEMBER 7</u> Stuffed Pepper Mixed Vegetable Mashed Potatoes Yogurt Wheat Bread</p>	<p><u>NOVEMBER 8</u> Sweet & Sour Chicken Stir Fry Blend Rice Tropical Fruit</p>	<p><u>NOVEMBER 9</u> Sloppy Joe Potato Wedges Garden Salad Orange Salad Dressing</p>	<p><u>NOVEMBER 10</u> Ham & Cheese Fritta Sausage Links Breakfast Potatoes Fruit Salad Wheat Bread</p>
<p><u>NOVEMBER 13</u> Cheeseburger Sweet Potato Fries Coleslaw Clementine Ketchup</p>	<p><u>NOVEMBER 14</u> Cranberry Glazed Pork Mashed Potatoes Beets Cookie Wheat Bread</p>	<p><u>NOVEMBER 15</u> Turkey w/ Gravy Green Beans Sweet Potatoes Stuffing Pumpkin Bread</p>	<p><u>NOVEMBER 16</u> Stuffed Chicken Breast Brussel Sprouts Parslied Potatoes Pudding Wheat Bread</p>	<p><u>NOVEMBER 17</u> Spaghetti w/Meatballs Vegetable Blend Fruit Salad</p>
<p><u>NOVEMBER 20</u> Meatloaf w/Gravy Mashed Potatoes Green Beans Apple Wheat Bread</p>	<p><u>NOVEMBER 21</u> Chicken Tenders Carrots Potato Wedges Applesauce Wheat Bread Dipping Sauce</p>	<p><u>NOVEMBER 22</u> Beef Stroganoff Peas & Pearl Onions Clementine Blueberry Bread</p>	<p><u>NOVEMBER 23</u> </p>	<p><u>NOVEMBER 24</u> Cheese Ravioli Alfredo Broccoli Garden Salad Wheat Bread Cookie Salad Dressing</p>
<p><u>NOVEMBER 27</u> Salisbury Steak w/Mushroom Gravy Peas & Carrots Rotini Orange</p>	<p><u>NOVEMBER 28</u> Italian Sausage w/Peppers & Onions Broccoli & Cauliflower Penne Cookie</p>	<p><u>NOVEMBER 29</u> BBQ CHICKEN SWEET POTATOES BRUSSEL SPROUTS CORNBREAD PUDDING</p>	<p><u>NOVEMBER 30</u> POTATO CRUNCH FISH GREEN BEANS BROWN RICE PILAF MANDARIN ORANGES YOGURT</p>	<p><u>DECEMBER 1</u> PORK & SAUERKRAUT PEAS MASHED POTATOES APPLE WHEAT BREAD</p>

WHEN MAKING LUNCH RESERVATIONS AT THE SENIOR CENTER, PLEASE CALL 724-222-9321 AT LEAST 24 HOURS IN ADVANCE. THANK YOU.