

# NOVEMBER ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<u>NOVEMBER 1</u> BIBLE STUDY 9:30  CHRISTMAS ORNAMENT CRAFT 12:30	<u>NOVEMBER 2</u> SilverSneakers 9:00 SilverSneakers 9:50 SilverSneakers 10:30  EXERCISE 10:30-11:15 CARD CLUB 12:30	<u>NOVEMBER 3</u>  BINGO 12:30
<u>NOVEMBER 6</u> SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM)  DARTBALL 12:30	<u>NOVEMBER 7</u>  EXERCISE 10:30—11:15  EUCHRE 12:30  <b>ELECTION DAY</b>	<u>NOVEMBER 8</u> BIBLE STUDY 9:30 MOVIE THE BISHOP'S WIFE 	<u>NOVEMBER 9</u> SilverSneakers 9:00 SilverSneakers 9:50 SilverSneakers 10:30  EXERCISE 10:30-11:15 CARD CLUB 12:30	<u>NOVEMBER 10</u>  CENTER IS CLOSED  
<u>NOVEMBER 13</u> SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM)  DARTBALL 12:30	<u>NOVEMBER 14</u>  EXERCISE 10:30—11:15  EUCHRE 12:30	<u>NOVEMBER 15</u> BIBLE STUDY 9:30 DAVE HIXON MUSICIAN THANKSGIVING DINNER	<u>NOVEMBER 16</u> SilverSneakers 9:00 (Cardio) SilverSneakers 9:50 (Yoga) SilverSneakers 10:30 (MSROM) Exercise 10:30 -11:15 CARD CLUB 12:30	<u>NOVEMBER 17</u>  BINGO 12:30
<u>NOVEMBER 20</u> SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM)  DARTBALL 12:30	<u>NOVEMBER 21</u>  EXERCISE 10:30—11:15  EUCHRE 12:30 CHRISTMAS GIVING KICKOFF	<u>NOVEMBER 22</u>  BIBLE STUDY 9:30	<u>NOVEMBER 23</u>  CENTER IS CLOSED  	<u>NOVEMBER 24</u>  CENTER IS CLOSED  DAY AFTER THANKSGIVING
<u>NOVEMBER 27</u> SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM)  DARTBALL 12:30	<u>NOVEMBER 28</u>  EXERCISE 10:30—11:15  EUCHRE 12:30	<u>NOVEMBER 29</u>  BIBLE STUDY 9:30	<u>NOVEMBER 30</u> SilverSneakers 9:00 (Cardio) SilverSneakers 9:50 (Yoga) SilverSneakers 10:30 (MSROM) Exercise 10:30 -11:15 CARD CLUB 12:30	