

SEPTEMBER ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<u>SEPTEMBER 1</u> BINGO 12:30
<u>SEPTEMBER 4</u> SENIOR CENTER WILL BE CLOSED 	<u>SEPTEMBER 5</u> EXERCISE 10:30—11:15 EUCHRE 12:30	<u>SEPTEMBER 6</u> BIBLE STUDY 9:30 MOVIE TO BE ANNOUNCED	<u>SEPTEMBER 7</u> SilverSneakers 9:00 SilverSneakers 9:50 SilverSneakers 10:30 EXERCISE 10:30-11:15 CARD CLUB 12:30  NICK'S	<u>SEPTEMBER 8</u> BINGO 12:30
<u>SEPTEMBER 11</u> SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM) DARTBALL 12:30	<u>SEPTEMBER 12</u> EXERCISE 10:30—11:15 EUCHRE 12:30	<u>SEPTEMBER 13</u> BIBLE STUDY 9:30 CARNIVAL 	<u>SEPTEMBER 14</u> SilverSneakers 9:00 (Cardio) SilverSneakers 9:50 (Yoga) SilverSneakers 10:30 (MSROM) Exercise 10:30 –11:15 CARD CLUB 12:30	<u>SEPTEMBER 15</u> BINGO 12:30 ROSH HASHANAH BEGINS AT SUNDOWN
<u>SEPTEMBER 18</u> SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM) DARTBALL 12:30 IMMUNIZATION	<u>SEPTEMBER 19</u> EUCHRE 12:30 NO EXERCISE COUNTY PICNIC MINGO PARK 	<u>SEPTEMBER 20</u> BIBLE STUDY 9:30	<u>SEPTEMBER 21</u> SilverSneakers 9:00 (Cardio) SilverSneakers 9:50 (Yoga) SilverSneakers 10:30 (MSROM) Exercise 10:30—11:15 CARD CLUB 12:30	<u>SEPTEMBER 22</u> BINGO 12:30
<u>SEPTEMBER 25</u> SilverSneakers 10:30 (Cardio) SilverSneakers 11:30 (MSROM) DARTBALL 12:30	<u>SEPTEMBER 26</u> EXERCISE 10:30—11:15 EUCHRE 12:30	<u>SEPTEMBER 27</u> BIBLE STUDY 9:30 MEMBERSHIP MEETING 12:15	<u>SEPTEMBER 28</u> SilverSneakers 9:00 (Cardio) Silver Sneakers 9:50 (Yoga) SilverSneakers 10:30 (MSROM) NO EXERCISE CARD CLUB 12:30	<u>SEPTEMBER 29</u> BINGO 12:30 FULL MOON 